



# **RULES AND REGULATIONS**

## **BEYOND LIMITS – VIETNAM ULTRA RUN 2024**

### **1. CONDITIONS OF PARTICIPATION**

- Athletes participating in the tournament must meet the age requirements and regulations corresponding to the distance, up to the official competition date:

**+ 100km:**

- Athletes must be at least 18 years old as of the official competition date.
- Participants have completed at least 02 full marathons (42km) the most recent one has to be done within 02 years before the Viet Nam Ultra Run or have completed one 100-kilometer race (road running or trail running) within 02 years before the race day.

**+ 60km:**

- Athletes must be at least 18 years old as of the official competition date.
- Participants have completed at least 01 full marathons (42KM) from the time of organizing Vietnam Ultra Run not more than 02 years before the time of organization.

- All athletes must sign the “*Disclaimer*” before participating in the tournament. The contents of the disclaimer apply to the cases specified in the Disclaimer Minutes provided by the Organizer.

- The athlete must disclose all medical conditions, health conditions, and surgical history (if any) within 12 months before the race. In all cases, the Organizing Committee reserves the right to make the final decision on the consideration of the athlete's medical problems and may disqualify from the race if it is determined that the athlete is at risk of serious injury or death if he/she continues to participate.

- Any athlete found to be under the required age of participation in each distance will be disqualified. Any parent or legal guardian who knowingly registers for a minor who is not of qualified age will lose the right to participate in the race.

### **2. RULES ON SUPPORTERS AND ENTRY OWNERS**

Ultra distance is a special competition event. To ensure transparency, safety, and fairness for all athletes taking part in the competition, the Organizing Committee would like to restate the following important rules:



## **ENTRY OWNER:**

- Competing athletes must be entry owners. In all non-owner cases, the Organizing Committee will ask the athlete to leave the race and consider recognizing the competition results after checking the information and detecting the athlete violating this regulation.
- The personal supporter must be the registered entrant. Only this supporter can work in the Organizing Committee support area.

## **SUPPORTERS**

- Competing athletes are only allowed to receive nutritional support at the support station of the Organizing Committee, the registered personal supporter, and the support station of the registered club, which are arranged by region.
- To maintain competitive fairness, any other support on the track beyond that of the Organizing Committee is not permitted.

## **3. COT – CUT OFF TIME**

The runner must complete the distance within the time limit specified from the moment the last runner crosses the starting line. The time specified by each distance corresponds to the following:

- **100km:** maximum 16 hours
- **60km:** maximum 9 hours
- **60km team relay:** maximum 9 hours

Support stations (water and medical) will be closed according to the timeline for closing the designated running track. Athletes must strictly adhere to the organizer's instructions at all traffic points on the track, any violation will be immediately disqualified.

## **4. CANCELS /CHANGES OF PARTICIPATION**

- After completing the registration, athletes will not be refunded the registration fee if they are unable to participate in the tournament for any reason.

Athletes can only change their distance if the tickets for that distance are still available for purchase.

- The purchase or selling of tickets / Bibs is strictly prohibited, the results of relevant individuals will not be recognized and/or they may be barred to participate in the **VIETNAM ULTRA RUN** and future events organized by Unique Events & Media.



- Fares are inclusive of VAT. The electronic invoice will be sent to the registered email 01 month from the date of ticket purchase.

- The discounted registration rates are not invoiced.

| No. | Change   | FROM 14/06 TO 20/11/2024   | FROM 20/11/2024                     |
|-----|--|--|-------------------------------------|
| 1   | <b>Transfer only</b>                               | * Management fee: VND 300,000<br><i>Free applications are not transferable</i>   | No transfer                         |
| 2   | <b>Only change distance</b>                        | * Management fee: VND 300,000<br>* The new distance change difference fee is HIGHER than the old distance at the time of change<br>(If the new distance registration fee is LOWER than the old one, NO refund)<br><i>Free applications could not change distance</i>                       | Do not accept changes               |
| 3   | <b>Change distance + Transfer at the same time</b> | * Management fee: VND 300,000<br>* The new distance change difference fee is HIGHER than the old distance at the time of change<br>(If the new distance registration fee is LOWER than the old one, NO refund)<br><i>Free applications could not Upgrade/Downgrade distance + Transfer</i> | No changes & transfers are accepted |
| 4   | <b>Basic personal information change</b>           | Free to change personal information<br><i>*Deadline to change T-shirt size until 01/11/2024</i>  | Do not accept changes               |
| 5   | <b>Refund policy</b>                               | The entry fee is not refundable in any way if the Athlete fails to participate.  |                                     |

## 5. RACE KIT:

- Athletes must make a medical declaration and fully implement Covid prevention measures in accordance with the government regulations when they come to receive the Race Kit.

- Participating athletes need to present photo identification documents (ID/ Passport) and confirmation email upon arrival to verify their participating rights.

- All runners must receive a race kit that includes a BIB, chip time, and other race equipment. Details of the time, place and items received will be posted on the official website of the tournament. If the runner cannot come to receive the tournament items directly, he/she can authorize another person to receive them according to the instructions on the official website of the tournament



- Athletes must wear an official BIB at all times during the race. The BIB number should always be affixed in front of the athlete's trousers/shirt and should always be in a visible position throughout the race. Any athlete who is unable to confirm the completion of all race stations because of missing or obscured BIB numbers will be deemed to have missed some sections of the track and will be removed from the scoreboard or disqualified. BIB numbers may not be folded or cut.

- Athletes must use their correct number when participating in the competition, the organizer can check unexpectedly, in case of violation, they will be deprived of the right to compete and cancel the entire result.

- The chip time attached to the BIB will be checked at the kit reception point at the chip counter and any problems with the device should be reported to the Organizer at that time.

- BIB can only be received at the Race Kit distributing location. Except for participants who register by group, company, or event sponsor, the organizer will not make any exceptions for individual registration (sending kits, receiving kits ahead of schedule, etc.).

- The runner is responsible for carefully safeguarding BIB and Chip Time after leaving the Organizer's BIB distribution area. The organizer will not be held liable for any damage or loss once the Race Kit receiving timeline passes. Items that are not received after the specified time will be handled by the Organizer at their own discretion.

## **6. RULES ON RACE DAY**

### **6.1. GENERAL PROVISIONS**

- The use of stimulants, narcotics, and other illegal substances by athletes is prohibited, as is the use of or possession of other cheating aids (such as skateboards, trolleys, skates, or other wheeled vehicles) during competition. Drug testing may be requested by the Committee both before and after the event. If violations are found, athletes will be disqualified/canceled all results and banned from participating in the **VIETNAM ULTRA RUN** and future events hosted by Unique Events & Media.

- All runners must stand behind the starting line before the start of the race.

- Runners may be asked to start at different points based on the estimated time of completion. Runners will determine their running point before the running point is closed and the race begins. Any runner attempting to enter a run that is not his or her own will be required to start after all other runners have crossed the starting line.

- All athletes are responsible for learning the location and time of departure from the tournament's official announcement and arriving on time. Any changes will be announced 15 minutes in advance by the organizer



- Throughout the race, athletes are required to abide by the instructions of the organizer team, which includes the referee team, track staff, volunteers, medical staff, security staff, and the city's operational staff.

- During the race, all athletes are expected to behave professionally and politely. For instance, refrain from using derogatory, vulgar, offensive, or abusive language, leaving trash behind, harming the environment, performing offensive acts that reflect poorly on the city's civilized image (like using the restroom outside of designated areas), acting in a non-sportsmanlike manner, and using disrespectful images of the event's organizer and other athletes though the event has ended. Anyone who violates this code of conduct will be required to leave the track, will be disqualified, and will be prohibited from competing in the **VIETNAM ULTRA RUN** and other events hosted by Unique Events & Media in the future.

- The information on the athlete's race number (BIB) must be complete and accurate. Runners who do not have their race registration number with them will be escorted off the track by security authorities or race supervisors. Anyone who enters the race without an official BIB code, timekeeping device, BIB, or timekeeping device other than his or her own will be asked to leave and will be disqualified from future events hosted by Unique Events & Media and the **VIETNAM ULTRA RUN**.

- Athletes must prioritize giving way to medical and ambulance teams throughout the race regardless of location.

- Athletes are responsible for comprehending and using the symbols and signs on the map as well as any related gear and instructions. Athletes are solely responsible for their actions and must adhere to all Vietnamese legal requirements about not damaging any public property while competing.

- Athletes who leave the track for whatever reason must come back to the spot where they left off or be disqualified for running a shortcut. Any athlete found cheating by intentionally shortening the course by the track referee, event staff, or monitoring equipment will be disqualified from the event. Athletes who skip the official Check-Point will be subject to review and disqualification.

- Athletes who receive any support from any person in any way will be disqualified from the race. Medical assistance received during the race by the Organizer's medical staff is not considered support and the results will remain valid if the athlete can continue to compete medically.

- Authorized medical personnel may ask the athlete to stop at any point during the race to examine if they see signs of physical or psychological instability. In case of necessity medical staff have the right to ask athletes to leave the race if they are not eligible to continue competing.



- All athletes must stop competing if requested to do so by event personnel, medical personnel or government agencies, including firefighters and police.

- Athletes are accountable and liable for all medical costs incurred due to their training and/or competition, including ambulance services, hospital stays, doctors, prescription medications, and related services.

- All athletes must make medical declarations and comply with regulations on COVID-19 prevention at the race. Non-compliance will be required to leave of the event area.

## ***6.2. RULES FOR TEAM RELAY***

- Athletes must be at least 18 years old as of the official competition date.

- Relay in teams of 3, includes 2 males 1 female, 60km relay, each member will run 20km.

- Each team must register as a Team Leader, the Organizer will only exchange information with the Team Leader. In case the competition team wants to change the captain, please send a request email to the organizers at: [info@vietnamultrarun.vn](mailto:info@vietnamultrarun.vn)

- Team members are movement athletes, not professional athletes at the time of competition and are of age to compete in the prescribed 60km distance.

- Each athlete can only participate in one (01) team.

- The relay team must wear its own uniform.

- Athletes of the teams that complete the competition distance and do not violate the regulations of the Organizing Committee (Organizing Committee) will have their achievements recorded. The finishing times of all 3 athletes will be used for ranking. The team with the fastest total time to complete the distance will be awarded in order of First - Second - Third.

- Athletes from each team must run in the order pre-registered with the Organizing Committee.

- Except in emergency cases, in the following cases, groups will be eliminated from the beginning or disqualified from continuing to compete and individual or team achievements will not be recognized:

+ Run outside the designated route, take shortcuts;

+ Receive any help or support from other people/means that are not organizers;

+ Intentional/unintentional behavior that causes obstacles to other groups;

+ Acts that destroy the fairness of the contest, acts that can cause danger, acts that propagate false information about the contest, acts that violate the law;



- + Arriving late after departure time;
- + Not present at the relay area when it's your turn to run;
- + Fill in incorrect personal information when registering;
- + Disposing of trash in improper places;
- + Do not wear BIB when running or wear them incorrectly;

## **7. RESULTS**

- The results are recorded by the time measuring device (Chiptime) mounted on the BIB. Chip starts the timer when the athlete crosses the starting line and stops when crosses the finish line. Athletes must wear the time measuring device given, from the starting line to the finish line for accurate results, this device is fastened to the BIB number.

- Gun Time is used to rank and reward. Gun Time is understood as the time from the starting signal to the time when the athlete crosses the finish line, according to the Organizer's timing system.

- Athletes found to be wearing more than 2 chip time devices during the competition will be disqualified and will not be recognized for their results.

- Runners who lose chip time signals, go missing on the track, or have abnormal separation times at time checkpoints will be monitored and may be disqualified.

- All finishing times will be reviewed before being officially launched.

- Athletes may not be recognized as finishers if their completion time exceeds the cut-off time.

- All athletes who do not complete the race in the allotted time (which will be determined based on the starting time) will be marked as "Did not finish – DNF" on the tournament results page. Did not finish athletes (DNFs) will not receive medals.

- For prize disputes, complaints must be made on the spot by sending an email to [unique.eventsmedia@gmail.com](mailto:unique.eventsmedia@gmail.com) for a fee of VND 1,000,000, within 02 hours from the time the organizers award the prize. The organizer will reimburse the amount to the complainant if the complaint's report is accurate.

- Complaints about the results must be sent in writing or emailed to [unique.eventsmedia@gmail.com](mailto:unique.eventsmedia@gmail.com) with a fee of 500,000 VND within 07 days of the match. The Organizer reserves the right to reject any letter of complaint submitted after 07 day

- If the report of the complaint is accurate, the organizer will refund the fee to the person who submitted the complaint. If it is not correct, the fee will not be refunded.

## **8. AWARDS**





The **prize structure** will be announced on the official website of the race 01 month before the race.

- Organizers have the right to change the list of winners after completing the procedures for considering complaints.

- Organizers have the right to deprive athletes of medals, titles, awards and prizes if they later detect violations that take place during the competition.

- Athletes can receive the prize after submitting all the prize information and completing the prize receipt form together with a copy of their passport or ID card. The organizer maintains the right to reject incomplete paperwork, in which case the athlete must submit it again to receive the prize.

- All rewards will be forfeited and the organizer maintains the right to process them if they are not claimed within one month of the date the application was submitted.

- The prize must be received according to the regulations of the Organizer. Prizes cannot be transferred or exchanged for cash. The athlete receives the prize in accordance with the rules and regulations as well as the terms and conditions of the Organizer.

- All athletes who complete their race in the selected distance will be awarded a race completion medal after providing a BIB number to the competition supervisor in the athlete's area (located near the finish line).

- Athletes can only receive a Finisher T-shirt immediately after completing the competition. The sizes will be allocated in the order of completion. In the event that the chosen size is not available, the organizer will provide the athlete with the appropriate size. There will be no T-shirt exchanges during or following the event. The number and size of t-shirts provided to finishers on race day are not reflected in the registration section's t-shirt selection.

- Medals and Finisher T-shirts will be awarded at the event. Any problems that arise after that will not be resolved.

## **9. OTHER REGULATIONS**

- Organizers reserve the right to postpone, cancel or reschedule the event due to unavoidable circumstances such as epidemics, pandemics, war, or natural disasters.





- Organizers reserve the right to postpone the event on race day in the event of extreme weather, or force majeure events, in which case, no refund will be made.
- Organizers are entitled to mention names, best achievements, worst achievements, announced competition history, nicknames, stage names, competition results, result forecasts, ranking forecasts, post-tournament achievements of registered athletes in media messages on mass media and social networks.
- The organizer is allowed to use participant-provided information, photographs, videos with photographs, and contestant activities for legitimate uses in media, advertising, commercial, and informational pages for reporting purposes. It is acknowledged and agreed that as a runner, your name and image will be displayed on the event's media pages.
- By participating in the event, you consent to the exclusive personal use of any recordings, sound effects, photos, or videos you make at the event or during any portion of the event, and not for any commercial or promotional purposes.
- The Organizer shall not be liable for any compensation for loss of life, personal injury, or any other compensation required by law.
- Organizer will not be responsible for the loss or damage of personal items in the baggage area. The Organizer reserves the right to inspect bags and personal items stored in the baggage area for safety reasons.
- Athletes will be bound by changes or additions before the event date.
- Failure to comply with the rules of the event, including any changes to the rules, will result in the annulment of the achievements, the prizes, and the official results.
- The Organizer reserves the right to change, supplement, or abolish all or part of the regulations of the event.
- Any individual who disagrees with any of the provisions of the above provisions must submit a request 30 days before the date of the event and must clearly state the reason for the request.
- Unless there is a rule specifying the precise validity period for each announcement, the content of the organizer's announcements expires and is no longer valid once the competition is over.
- The Organizer's decision is final.